

# Adult/Pediatric Psychiatric Skills Self-Assessment

This profile is for use by **Adult and Pediatric Psychiatry/Chemical Dependency** Nurses with more than one year's experience in his/her discipline and specialty. Please return this checklist by mail or **FAX it to (800) 661-9303**.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Directions: Indicate your level of experience by circling the numbers below as follows:

1 = Can Function Independently  
2 = Experienced, but May Need Review  
3 = Limited or No Experience

Skills and Procedures			
Assessment and Care Planning	1	2	3
Assaultive Behavior Management	1	2	3
Behavior Modification Techniques	1	2	3
Behavioristic Charting	1	2	3
Treatment/Goal Oriented Charting	1	2	3
Contraband Search	1	2	3
Electroconvulsive Therapy	1	2	3
Elopement Procedures	1	2	3
Group Therapy Leader	1	2	3
Locked Unit Routine	1	2	3
Open Unit Routine	1	2	3
Management of Drug/Alcohol Detox Symptoms	1	2	3
Milieu Therapy	1	2	3
Multidisciplinary Team Rx Planning	1	2	3
Psychotherapy-Group or Individual	1	2	3
Seclusion Procedures	1	2	3
Suicide Precautions	1	2	3
Telephone Crisis Intervention	1	2	3

<i>Care of the patient with:</i>			
Affective Disorder	1	2	3
Alcohol Dependency	1	2	3
Bipolar Disorder	1	2	3
Delirium Tremors	1	2	3
Detoxification	1	2	3
Drug Dependency	1	2	3
Electroconvulsive Therapy	1	2	3
Extrapyramidal Syndrome	1	2	3
Hallucinations	1	2	3
Manic Behavior	1	2	3
Medical Psych Disorders	1	2	3
Neuroleptic Malignant Syndrome	1	2	3
Organic Disorders	1	2	3
Seizure Disorder	1	2	3
Schizoaffective Disorder	1	2	3
Schizophrenia	1	2	3
Suicidal Behavior	1	2	3
Tardive Dyskinesia	1	2	3

Medications			
Oral Psychiatric Meds	1	2	3
Antianxiety Agents	1	2	3
Antidepressants	1	2	3
Antipsychotics	1	2	3
CNS stimulants	1	2	3
Hypnotics	1	2	3